

A teal-toned photograph of a person's midsection, showing the abdomen and waist. A hand is resting on the hip. The image is used as a background for the text.

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# Guide To Microcannular Liposuction

Accumulating fat on the body can be easy in modern life as we are all living busy lives. Some excess fat on the body can also be genetic, leading to disproportionate levels of fat cells in areas like the hips, thighs, calves, tummy, or neck.

Liposuction is one of the most popular cosmetic procedures to reduce unwanted fat performed today. That popularity is one reason why any patient must choose their surgery carefully. Dr Gupta's clinic, offers specialist techniques developed in the U.S. and a pioneering type of liposuction known as microcannular liposuction or microlipo.

Dr Gupta's clinic is the centre of excellence for tumescent microlipo; which has featured prominently in the U.K. media as the safest form of liposuction around for both women and men.

# Contents

- 1 What is tumescent microcanular liposuction?
- 2 Commonly treated areas
- 3 After the surgery
- 4 Are there any risks?
- 5 Costs

# What is microcannular liposuction?

1

Tumescent liposuction is a technique created by Dr Jeffrey Klein in the USA and Dr Gupta is one of the few doctors in the U.K. trained personally by Dr Klein in mastering this technique.

Tumescent liposuction involves injecting large volumes of dilute local anaesthetic to the areas being treated. This causes firmness or a type of swelling in the area also known as tumescence (hence the name). So radical is the treatment the patient doesn't need pain medication after the procedure, and some are back at work the same day.

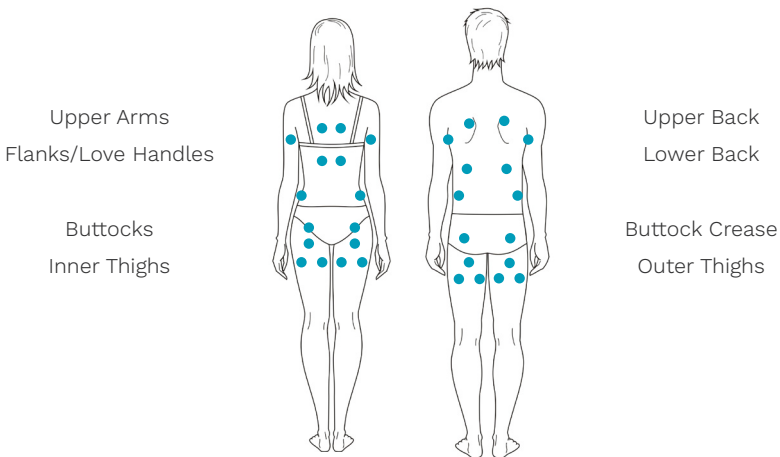
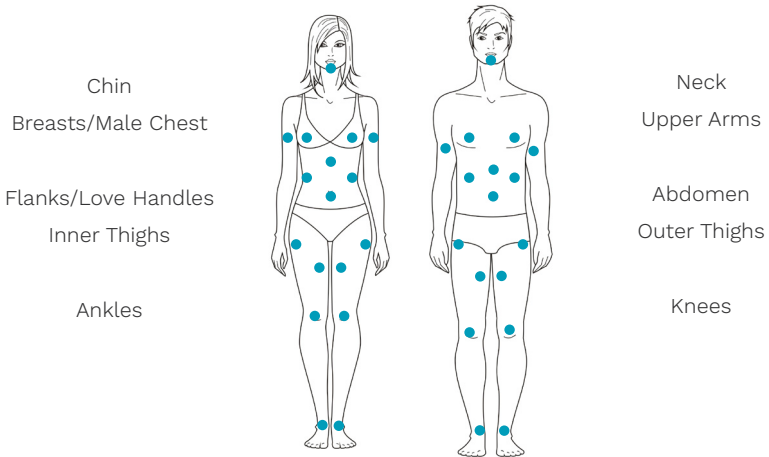
Tumescent liposuction, when done correctly and in the right quantity, is the safest form of liposuction. This is because the tumescent anaesthetic solution shrinks the capillaries reducing surgical blood loss.

Microlipo uses microcannulas to remove the fat in a slower, but more uniform approach compared to traditional liposuction. This results in a smoother finish, and faster healing.

The use of microcannulas, less than 2.3mm, is a defining feature, unlike traditional liposuction where the cannula diameter is greater than 6mm.

# Commonly treated areas

# 2



# After the surgery

# 3

Local anaesthetic solution remaining under the skin after the surgery is drained out through adits or holes into absorption pads. Using this drainage method quickens the healing process and reduces post-operative swelling and bruising.

Dr Gupta's modern techniques present the best results in terms of patient comfort, short healing times and reduced post-operative visits.

Although damage to the capillaries cannot be avoided during the procedure, the after-effects can be minimised using the open drainage method.

Specialist pads which absorb large quantities of solution are applied to the patient, improving comfort and hygiene, and helping distribute the elastic compression garment's force more uniformly throughout the body.

Bimodal compression is another technique that uses two degrees of compression after liposuction. After all drainage has stopped wearing only one garment provides enough compression to reduce the risk of fluid build-up, but avoids the risk of preventing the absorption of residual fluid by lymphatic capillaries.

# Are there any risks?

4

Before deciding to go ahead with any liposuction, we will discuss the procedure in depth, explain what is involved and also assess your suitability and any risk factors. We will explain these clearly to you so you can make an informed decision. This process will include an evaluation to determine if you have any health problems that might increase the risk of surgical complications. The risk factors differ for each patient, so it needs to be done on an individual basis.

Tempting as it is to have all the fat sucked out in one go, for larger surgeries it is recommended to have a course over weeks or months, and this is something Dr Gupta will be happy to discuss with you.

# Costs

# 5



Whilst the cost of microlipo surgery is of course an important factor when considering the procedure, it should by no means be the most important factor.

There are a number of factors that determine the cost of a procedure, the most important being the amount of time and effort required on the surgeon's part.

When agreeing a cost for your procedure, Dr Gupta will consider the size of the patient, the size of the area being treated, and the anticipated degree of difficulty of the particular procedure.

Dr Gupta only works with clients who he feels will benefit from a liposuction procedure. No client is the same and it is only after the consultation that Dr Gupta can gauge suitability and then suggest a cost for the procedure.



If you have any questions on the procedure, want to talk through whether rocannular L uction is right for you, or request a consultation, don't hesitate to contact us.

Call Dr Gupta's clinic on **0203 130 6773**

Or email **[info@drpuneetgupta.co.uk](mailto:info@drpuneetgupta.co.uk)**

You can find us on



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