



Dr  
Puneet  
Gupta

# Lipoedema Treatment Through Microlipo

# Contents

- 1 What Is Lipoedema?
- 2 The Procedure
- 3 Post-Operative Care
- 4 How Much Does The Treatment Cost?

# What is Lipoedema?

1

Lipoedema was identified and classified in 1940 but remains a poorly understood condition. The cause of lipoedema is still unknown and it is often misdiagnosed as normal fatty deposits. It is a chronic disease that can be passed down through the genes.

Lipoedema affects the arms and legs, where an abnormal amount of fat cells gather and cause a disproportionate and often unsightly appearance.

Like so many other physical deformities it can be painful, even life-threatening, and cause significant distress to the sufferer.

Fortunately, help is at hand from Dr Gupta, and we have created this guide to help answer some of your questions and show you how microlipo surgery can help.

Lipoedema is categorized into 3 stages: mild; moderate; severe (or advanced).

The condition leaves the sufferer with legs that are often labelled “tree-like”; with lumpy fat fully covering the limb from the thigh down

to the ankle. It is not uncommon to see the effect stop at the ankle and not impact the feet.

The sufferer will feel pain from tenderness of the affected limbs, as decreased mobility and numbness follow the advancement of the disease, often triggering bruising.

Dr Gupta will help diagnose the condition, and inform you how early treatment can affect the long-term prognosis.

With a cutting edge technique, microcannular liposuction, Dr Gupta has helped many people with the disorder. Dr Gupta was trained in the technique by the creator of the surgery, Dr Jeffrey Klein, and is one of the only surgeons in Europe to practice it.

# The Procedure

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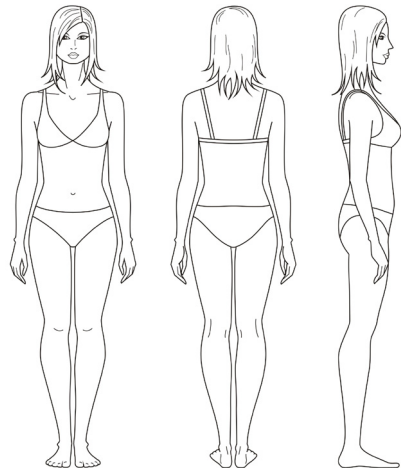
While there is currently no known cure for the condition, microlipo is a widely recognised, appropriate method for managing and easing the strain of the symptoms.

Dr Gupta uses tumescent local anaesthesia instead of general anaesthesia, and the surgery is performed with very small instruments (cannulas) to remove fat, guaranteeing smooth and natural results.

The procedures are done step-by-step, usually starting with the outer thighs, and split over a timeframe of up to about six weeks.

Many of those who have undergone both procedures by Dr Gupta have been entirely relieved of the pain of lipoedema and the emotional scars that the condition can cause.

Although exercise cannot stave off lipoedema, Dr Gupta will explain how activity and patience can help along with the groundbreaking surgery.



# Post-Operative Care

3

1. Patients are drained of excess fluid using techniques developed by Dr Klein and performed by Dr Gupta which focus on specific incision points.
2. A compression garment is applied and the patient is briefed on how to keep compressing the area for up to two weeks after the procedure.
3. This is where activity comes in, and patients are encouraged to begin walking the following day.
4. The specialist nature of the operation and the post-operative drainage mean there is little to no bruising.
5. Checks will continue for several weeks as our friendly team helps the patients to readjust as rapid improvement can transform their lives.

# How much does the treatment cost?

4

Whilst the cost of microlipo surgery is of course an important factor when considering the procedure, it should by no means be the most important factor.

There are a number of factors that determine the cost of a procedure, the most important being the amount of time and effort required on the surgeon's part.

When agreeing a cost for a procedure, Dr Gupta will consider the size of the patient, the size of

the area being treated, and the anticipated degree of difficulty of the particular procedure.

Dr Gupta only works with clients who he feels will benefit from a liposuction procedure.

No client is the same and it is only after the consultation that Dr Gupta can gauge suitability and then suggest a cost for the procedure.

If you have any questions on the procedure, want to talk through whether lipoedema treatment through microlipo is right for you, or request a consultation, don't hesitate to contact us.

Call Dr Gupta's clinic on **0203 130 6773**

Or email **[info@drpuneetgupta.co.uk](mailto:info@drpuneetgupta.co.uk)**

You can find us on



Dr  
Puneet  
Gupta